



Last name : **maazinezhad**

Name : **soroush**

Married

Date of birth: 1992

Address of the work: Sonqor County and the  
Department of Nursing

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Education: Master of Psychiatric Nursing

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- Educational records:
- Bachelor of Nursing, Kermanshah University of Medical Sciences, 1394
- Master of Psychiatric Nursing, Kermanshah University of Medical Sciences, 1396

resume:

- Employment while studying in a masters degree (in accordance with the law on the use of nursing students in the clinic) from 1/2/1395 to 9/9/1395 for 8 months in section 1 of the psychiatric hospital of Farabi hospital in Kermanshah
- Employment (pre-service plan) for 4 months in the Department of Psychiatric Nursing Farabi Hospital in 1396
  - Member of the faculty of Sanqor Nursing Faculty since 5/15/2017

### Research interests and activities:

- 1- Investigation of the effect of electrical stimulation of acupuncture points on sleep quality in patients with chronic insomnia
- 2- Assessing the relationship between family burden and social support among caregivers of schizophrenic patients referred to Farabi Medical Center in 2017
- 3- Evaluation of treatment response of patients with chronic insomnia referred to Sleep Disorders Research Center of Kermanshah University of Medical Sciences in the last 2 years
- 4- Investigating the relationship between social health and cognitive disorders in the elderly living in a nursing home in Kermanshah
- 5- The relationship between social support and spiritual experiences with death anxiety in cancer patients in Taleghani Hospital in Kermanshah in 1397
- 6- Study of emotional regulation strategies and psychological correlations related to sleep quality in students of Kermanshah University of Medical Sciences in 1397
- 7- The effect of group reminiscence on existential anxiety and resilience of the elderly living in nursing homes in Kermanshah
- 8- Examining the pattern of respiratory movements and its relationship with the rate of snoring and sleep apnea
- 9- Evaluation of anthropometric features, clinical signs and symptoms, comorbidities and polysomnographic indices of obstructive sleep apnea disorder in patients referred to the Sleep Disorders Research Center of Kermanshah University of Medical Sciences in 2011-2012
- 10 - The view of the elderly living in a nursing home about health. A qualitative study
- 11- Perceived social support of medical staff against Covid-19: A qualitative study
- 12- Lived experiences of medical staff on how to transmit the news of Covid-19
13. Develop a scale to assess the needs of Covid-19 disease admissions reference hospitals: A Delphi study
14. Comparison of sleep quality between adults with stuttering and healthy individuals, the role of social anxiety
- 15-Assessing the health literacy status of pregnant mothers in the field of Covid-19 disease
- 16 The relationship between sleep quality and job performance and determining the mediating role of sleep metacognition in predicting sleep quality in shift nurses in Sanandaj

### Memberships:

- Head of the Ethics Committee of Sanur School of Nursing
- Clinical Officer of Sanqur Nursing Faculty
- Member of the educational council of Sanqor Nursing Faculty
- Member of the Cultural Council of Sanur Nursing Faculty
- Member of the Research Council of the Sleep Disorders Research Center

### Language:

**Persian language - national language**

**English-fluent reading and translation of medical texts**

### Articles published in journals:

- 1- **Soroush Maazinezhad**, Mahmood Rahmati, Mohammad-Rafi Bazrafshan , Arman Miri\*, Somayeh Azimi, (2017), "Impact of thanksgiving on improving the participants' quality of life in the thanksgiving workshop", *Pharmacophore*, 8(6S), e-1173138.(*ESCI*).
- 2- Qanbari Zadeh B, Hadadian F, Salari N, **Maazinezhad S**, Khaledi Paveh B. et al. The Effect of Transcutaneous Electrical Acupoint Stimulation on Sleep Quality in Nurses, *J Kermanshah Univ Med Sci*. [doi: 10.5812/jkums.68669](https://doi.org/10.5812/jkums.68669).(*ISC*).

- 3-Mohammad Rezaei, Behnam Khaledi Paveh, **Soroush Maazinezhad** , Habibolah Khazaie Respiration data on sleep state misperception, psychophysiological insomnia and normal individuals from a cross sectional study(**ISI**)
- 4-Behnam Khaledipaveh, Habibolah Khazaie, Nader Salari, **Soroush Maazinezhad**. The effect of transcutaneous electrical acupoint stimulation on sleep quality in chronic insomnia disorder. SJKU 2019; 24 (5): 83-94(**scopus**)
- 5- **Maazinezhad S**, Bazrafshan MR, Karamivand V, Rahmati M. The Relationship between Family Burden and Social Support in Caregivers of Schizophrenic Patients in Kermanshah City, 2019. Journal of Health Sciences & Surveillance System. 2019 Oct 1;7(4):205-9.
- 6- Rezaie L, **Maazinezhad S**. Obstructive Sleep Apnea diagnosis during Covid-19 lockdown. Scandinavia Journal of Sleep Medicine. 2021 Feb 22;1(2).(**ISc**)
- 7- Vahab karamivand , Aida Mohammadi , **Soroush Maazinezhad\*** Viewpoints of the Elderly Living in the Nursing Home about Health: A Qualitative Study Research & Review: Journal of Geriatric Nursing and Health Sciences2020 Aug 2
- 8- Vahab Karamivand, **Soroush Maazinezhad\*** Prevalence of Malnutrition in Elderly Nursing Home Residents and its Relationship with Cognitive Impairment Journal of Neurological, Psychiatric and Mental Health Nursing2020 march 2(22)
- 9- Khaledi-Paveh B, **Maazinezhad S**, Rezaie L, Khazaie H. Treatment of chronic insomnia with atypical antipsychotics: results from a follow-up study. Sleep Science. 2021 Jan;14(1):27.(**ISI**)
- 10- Vahab Karamivand Behnam Rashidi and **Soroush Maazinezhad** The Causes of Sadness in the Elderly Resident in a Nursing Home from their Viewpoint. A Qualitative Study Acta Scientific Neurology2021 Feb 4(22)
- 11- **Maazinezhad S**, Rezaie L, Khaledipaveh B. The Need to Pay Attention to the Circadian Rhythm of Sleep during the Pandemic of Covid-19. Journal of Sleep sciences. 2020 Sep 30;5(1):39-.(**ISC**)
- 12- Vahab karamivand, Yazdan Mohamadi, **Soroush Maazinezhad\***, Aida Mohammadi Investigation of the Relationship between Social Health and Cognitive Impairment in Elderly Residents of Kermanshah Nursing Home in 2019 Research & Review: Journal of Geriatric Nursing and Health Sciences2020 march2(45)
- 13- Rezaie L, **Maazinezhad S**, Fogelberg DJ, Khazaie H, Sadeghi-Bahmani D, Brand S. Compared to Individuals with Mild to Moderate Obstructive Sleep Apnea (OSA), Individuals with Severe OSA Had Higher BMI and Respiratory-Disturbance Scores. Life. 2021 May;11(5):368.(**ISI**)
- 14- Khaledipaveh B, Salari N, Kakabraee K, **Maazinezhad S**. The The relationship between sleep quality and job performance and determining the role of sleep metacognitive beliefs in predicting sleep quality in nurses. Scandinavia Journal of Sleep Medicine. 2021 Jul 6;1(2).(**scholar**)

### **Thesis**

**The effect of electrical stimulation of acupuncture points on sleep quality in patients with chronic insomnia with the number 96190 approved in Kermanshah University of Medical Sciences**

### **Articles presented at seminars and congresses:**

- 1-A 10-year-old study of upper and lower limb fractures in children under 12 years old referred to Ayatollah Taleghani Hospital in Kermanshah between years (oral, Eighth Annual Congress of Medical Students of Iran, Qazvin)
- 2 -Evaluation of serum lipid profiles in patients with coronary artery disease in Kermanshah province (Poster, 18th Annual Congress of Medical Students of Iran, Qazvin)
- 3- Comparison of knowledge and practice of women referring to Kermanshah health centers with similar personnel in the field of breast cancer prevention in 1997 14th International Breast Cancer Congress Poster March 1997 Tehran Medical Sciences

### **Workshop:**

1. Participation in the workshop (Diagnostic Assessment of Sleep Disorders) at the Research Institute for Medical Sciences and Technology, Shahid Beheshti University in Tehran, on 9/26/2015 for 9 hours.
2. Participation in the workshop (Sleep Health), held by the Student Health Center of Kermanshah University of Medical Sciences on 139/8/8 for 3 hours.
3. Holding a Camp (Consultation and Mental Health) in the Health Week at Kermanshah City Health Centers in April of 1395 for four days
- 4- Holding a Camp (Consultation and Mental Health) in the Health Week at Kermanshah City Health Centers in April of 1396 for three days
5. Participation in a one-day workshop (Infection Control) at Kermanshah University of Medical Sciences, Faculty of Nursing and Midwifery, on May 11, 1394 for six hours.
- 6- Participation in a one-day workshop (Patient Safety) at Kermanshah University of Medical Sciences, Faculty of Nursing and Midwifery, on April 14, 1394 for six hours.
- 7- Participation in a one-day workshop (communication skills) at Kermanshah University of Medical Sciences, Faculty of Nursing and Midwifery, for four hours on 23/7/2014.
8. Holding a booth (mental health) on a student day in Kermanshah University of Medical Sciences in 1394
- 9-Workshops (Communication Skills) for undergraduate nursing students of Kermanshah University of Medical Sciences in 1395
- 10- Participation in a one-day workshop (Evidence-Based Services) at Kermanshah University of Medical Sciences, Faculty of Nursing and Midwifery, on 12/3/1395 for 6 hours.
- 11- Participation in a one-day workshop (Improving the Quality of Nursing Services) at Kermanshah University of Medical Sciences, Faculty of Nursing and Midwifery, for 6 hours.
- ۱۲ Participation in a one-day workshop (Clinical Governance) at Kermanshah University of Medical Sciences, Faculty of Nursing and Midwifery, on 13/12/2014 for six hours.

## Teaching

1. Teaching Unit (Mental Health) for undergraduate nursing students as a clinical trainer for 26.66 hours is 1.56 units in the first semester of 1965-94.
- 2- Teaching Unit (Mental Health) for undergraduate nursing students as a clinical trainer for 50 hours equal 2.94 units in the second half of 1965-1999
3. Teaching Adult and Senior Nursing Internship Unit (1) in the second semester of the academic year 97-96 for continuous undergraduate students at Sanur University School of Nursing
4. Teaching the Nursing Management Training Unit in the first semester of the academic year 98-97 for 7 semester nursing students
- 5-Teaching Professional Ethics Theory Unit in the first semester of the academic year 98-97 for 7 semester nursing students
- 6-Teaching of mental health nursing unit for 3rd semester nursing undergraduate students in the second semester of 98-97
- 7- Teaching psychiatric nursing unit for 5th semester undergraduate nursing students in the second semester of 98-97

- 8- Teaching individual and social psychology unit for 1st semester nursing undergraduate students in the second semester of 98-97
- 9- Teaching the internship unit of common problems of Iran for 5th semester nursing undergraduate students in the second semester of 1997-98
- 10-Teaching the health and mental illness nursing internship unit for 5th semester students in the summer semester of '98
- 11- Teaching the Nursing Nursing Unit for 5th semester students in the first semester of the 98-99 academic year
- 12- Teaching nursing services management internship unit in the first semester of the 98-99 academic year for 6th semester students
- 13- Teaching mental health nursing unit in the second semester of 98-99
- 14- Teaching psychology unit in the second semester of 99-98
- 15-Teaching mental illness nursing internship in summer 99
- 16-Teaching of mental illness nursing unit in the first semester of 1399-1400 (virtual)
- 17- Teaching nursing services management internship in the first semester of 1399-1400
- 18-Teaching of mental health nursing unit in the second semester of 1399-1400 (virtual)
- 19- Teaching individual and social psychology unit in the second semester of 1399-1400 (virtual)
- 20-Teaching mental illness nursing internship in the summer of 1400

**Acknowledgements:**

- 1- A plaque of appreciation from the Dean of Kermanshah School of Nursing and Midwifery for holding a health camp during the health week in the health centers of Kermanshah in 2016
- 2- A letter of appreciation from the President of Kermanshah University of Medical Sciences on the occasion of Teacher's Day in 1397
- 3- A letter of appreciation from the Dean of Songor and Keliyai School of Nursing for their cooperation in holding the internship end exam for nursing students 13 94
- 4- A letter of appreciation from the Dean of Songor and Keliyai School of Nursing on the occasion of Teacher's Day in 1398
- 5-A letter of appreciation from the Vice Chancellor for Education of Kermanshah University of Medical Sciences for cooperation in the National Blood Pressure Control Plan